







Christy Whitney Borchard, President & CEO

A note from Christy

Springtime is surely a favorite time of year for many. Flowers are in bloom, the daylight is longer and we are enjoying the beautiful weather outside.

It is a special year for me and our organization as we reflect on 25 years serving the Grand

Valley. It humbles me to think about how we began to where we are today. A lot of our successes are due to the unwavering collaboration and support from the amazing communities we serve.

As is said many times – we really could not do it without your support. That remains true and our appreciation for you, our volunteers, remains constant. I have the opportunity to see our volunteers in action almost every day being on our campus in Grand Junction. The sheer number of volunteers and different activities they help with always makes me smile. I see people creating beautiful flower arrangements, working in our Tanglewood Gardens, visiting patients, bringing their therapy dogs, sitting with family members, preparing letters and the list goes on.

Every single activity our volunteers do makes a significant impact on our patients and families. These activities enable HopeWest to provide the kind of care we strive for – personal and going above and beyond. It is the smallest details that sometimes makes the biggest impact. Thank you for helping us achieve our mission.

HEIRLOOMS

As you're doing your spring cleaning take it to Heirlooms!

Delta 532 Main St. (970) 874-5251 **Grand Junction** 635 Main St. (970) 254-8556

Montrose 435 E. Main St. (970) 252-3648

HeirloomsForHospice.com

Volunteer News

Montrose & Ouray Counties



Kelly Thompson, Program Director

LEAVING SO SOON?

It was just this time last year that I was introducing myself as the new Volunteer Coordinator, and while I'm not leaving HopeWest, my role here is changing once again. Starla Bacon, our Program Director for the Montrose office retired in January and I was asked to step into the position and try it on for size.

As a result of the incredible support and encouragement of the HopeWest family, I decided to accept the permanent role. For the months of January, February and as of this writing, I have been doing my best to juggle the two roles; but it is time to pass the baton . We will be searching for that remarkable person to lead and support you in all that you do so you can receive the care and support you deserve.

It has truly been a pleasure and an honor to serve with you as the Volunteer Coordinator and I will forever treasure the great relationships that were forged. I look forward to continuing to serve alongside you, albeit in a different capacity. Never in my life have I met and associated with such wonderful folks – you are treasures for the HopeWest team and for me, personally.

Grateful for you - Kelly Thompson



2018 Montrose Gala - ILLUMINATE Celebrating the Past...Illuminating the Future

Many, many thanks to the 120+ volunteers who contributed their time and energy to make this year's Gala another success! Our Silent Auction Committee gathered some incredible donations from local businesses for the event. Preparations for set-up started on Wednesday prior to the event with eight volunteers unloading two cargo trucks loaded with décor. Volunteers worked tirelessly to prepare and assemble favors, prizes, signs and gifts for the event. Lighting was hung from ceilings, decorations and auction items were set up, tables were draped, decorated and set for more than 400 guests – all with the help of volunteers! There was the team of volunteers who cooked lunches and made salads for the three days of set-up, filled bags with bagels for the guests' departure gift and the many volunteers who actually worked at the Gala on the night of the event. Whew! What an amazing group; we could not have done this without you – thank you!

HEIRLOOMS

Newness seems to come with spring and it has surely arrived at Heirlooms. New arrangements of merchandise, new jewelry cases and jewelry, spring merchandise and so much more – pay us a visit and see what is new at the store!

Heirlooms for Hospice will be providing free carriage rides for Mother's Day shoppers on **Saturday, May 12.** Honor the mothers and mother figures who are a part of your life with a carriage ride and a long stemmed rose, courtesy of Heirlooms for Hospice.

VOLUNTEER APPRECIATION DINNER IN HONOR OF NATIONAL VOLUNTEER WEEK

Friday, April 20 | 5:30 p.m. Baldridge Fellowship Hall /Methodist Church Corner of Park Avenue & South 1st Street.

Although we celebrate our volunteers every day, this week is used to bring awareness to the contributions of volunteers and to encourage more people to donate their time to a local, national or global cause. HopeWest will honor volunteers with a dinner buffet and entertainment. **PLEASE RSVP BY APRIL 16.** Contact your site manager or call Kelly at (970) 497-5204.



HOPEWEST KIDS Equine program tour

Thursday, May 17 | 1:30-3:30 pm.

Come explore HopeWest Kids Equine Program, held at South River Farm. We will meet at the HopeWest office on South 4th and carpool to tour this

state-of-the-art facility. This amazing program helps kids learn to cope with their grief. Proceeds from our Heirlooms store help fund this valuable program. Space is limited so contact Kelly at (970) 497-5204 to reserve a spot.

SPRING COMMUNITY MEMORIAL CEREMONY Wednesday, June 6 | 5:30 p.m.

HopeWest Gardens

725 South 4th Street



Join us for a special ceremony to honor and remember loved ones who have passed. In the event of inclement weather, the ceremony will be held in the HopeWest Community Room. Light refreshments will be served following the ceremony. For more information call (970) 240-7734.

EDUCATIONAL OPPORTUNITIES

HOSPICE FOUNDATION OF AMERICA'S LIVING WITH GRIEF®, TRANSFORMING LOSS: FINDING POTENTIAL FOR GROWTH

Wednesday, April 11 | 1:30 p.m. -3:00 p.m. 725 South 4th Street Montrose, CO 81401

HFA is proud to announce an inspirational program about change in the wake of loss, which is appropriate for any professional whose practice touches the lives of the bereaved including counselors, professionals, and volunteers working in hospice and palliative care.

This 2 hour program follows people who have moved from grief to growth, changing their lives and the lives of those around them. Experts will provide self-help guidance useful for the bereaved and professionals, as well as guidance to professionals about how to support growth after loss. Each session includes discussion of a local panel that will discuss what is happening in the local community.

The program is free but registration is required Contact Kelly at KThompson@HopeWestCO.org or (970) 497-5204.



Volunteers, we want to celebrate your birthday! Please join us at either the Volunteer Birthday Breakfast held on the third Wednesday of every month at 8:00 a.m. **and/or** the Volunteer Birthday Lunch held on the third Thursday of every month at 12:00 p.m. Both are held at the **Montrose Memorial Lobby Bistro**.

Even if you don't have a birthday, come and enjoy some great fellowship and delicious food – you can eat very well for around \$3.00 for breakfast and generally under \$10.00 for lunch! Such a deal!

BIRTHDAY BREAKFAST April 18 at 8:00 a.m. May 16 at 8:00 a.m.

BIRTHDAY LUNCH April 19 at 12:00 p.m. May 17 at 12:00 p.m.

CARS HELPING CHARITIES

DONATE YOUR VEHICLE TO BENEFIT HOPEWEST

ANY VEHICLE ANY CONDITION FREE TOWING TAX DEDUCTIBLE

FOUR SIMPLE STEPS:

Call Cars Helping Charities (CHC) and mention HopeWest CHC arranges towing CHC sells the vehicle

Proceeds go to HopeWest

Seven days a week, 8:00 a.m. - 8:00 p.m. Call (866) 701-2277 to donate today.



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Celebrating the Past, Illuminating the Future HopeWest



What a wonderful celebration of our past as we move into the future. Both galas in Grand Junction and Montrose were a huge success. As always, the countless hours on behalf of our dedicated volunteers helped make it all possible. Thank you!











YEARS