# SEPTEMBER 2018 News to Friends

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Christy Whitney Borchard, President & CEO

A note from Christy

September seems to bring a flurry of activity as people are trying to experience that last bit of summer before the season starts to change.

I have spent much of 2018 reminiscing about HopeWest

as we are celebrating our 25-year anniversary. I have been flooded with memories of our humble beginning where a couple employees sat around my kitchen counter talking about how we could get free office space. To now, getting a latte at our coffee shop and greeting friends as they are eating breakfast under our pavilion on my way to discuss our next big project. Wow!

Around the nation today, hospices seem to have lost their fire for changing the world and the end-of-life experience for people suffering with a serious illness. That is not the case here in western Colorado and it is due in large part to you, our donors and supporters. The care we provide for friends and neighbors just wouldn't happen without your support. YOU have helped sustain our passion and our ability to expand services to meet the needs of our patients and families.

As I am still honoring and recognizing our past, I am focused on moving forward and keeping our innovative spirit to be able and adapt as things come our way.

Thank you for helping ensure this is possible for the next 25 years.

# Philanthropy Corner



#### Legacy Giving ['legəsē/ - giv/ing/]

Verb: To convey one's values through creation of a future gift to charity Noun: A foresighted action to strengthen a favorite cause

A legacy gift is a planned future donation to a charity, given through a will or other form of designation. It is a decision that each person makes in their own financial planning process, taking into

Debbie Horwitz, VP, Chief Development Officer

account their charitable wishes. It is a tangible way to illustrate and share your values.

People create legacy gifts for many different reasons. For some, it is a way to ensure their memory lives on. For others, it is a way to ensure that HopeWest is able to continue its important work. Others find that it is a way to address the tax implications that come with the transfer of one's estate to surviving relatives.

What better way to thank the organization that has had an impact on your life, or the life of someone

you love, than by making a contribution from your estate? By creating a legacy, you are making a significant impact to the future sustainability of the work that is most meaningful to you.

Gifts both large and small are important – legacy giving is not just for the wealthy. There are several options for making your legacy gift. The most popular (and easiest) is a bequest you make through your will by naming the charity as the beneficiary.

Whatever the form, legacy giving demonstrates a powerful and meaningful way for individuals to create a philanthropic legacy for the causes they care about. When considering your estate plan, we encourage you to remember an organization like HopeWest who has made an impact on so many lives in our community.

For more information about legacy giving or to receive a free copy of the HopeWest Wills Guide, contact Debbie Horwitz at (970) 257-2365 or DHorwitz@HopeWestCO.org. Please also let us know if you have made plans for a legacy gift so we can add you to the HopeWest Legacy Society.

## Charitable Estate Planning Seminar

in cooperation with Colorado West Estate Planning Council

#### October 5, 2018 | 8:00 a.m. Colorado Mesa University

Featuring

- Lorraine del Prado, CSPG, CFRE, FCEP CEO of del Prado Consulting
- Charles Slamar, Jr., JD, LL.M. VP of Thompson & Associates and Dean of The Charitable Estate Planning Institute

**\$250 per person.** *Registration is required.* 

To register, visit our website, HopeWestCO.org or call Joyce at (970) 255-7269.

### Feeding the Spirit of Children & Teens Through Philanthropy

"I don't think we are naturally born with the ability to respond to grief," said Joe Reed, Realtor and Team Leader of The Joe Reed Team. "I also think grief is difficult for parents to address. This is why I believe the HopeWest Kids program is a fundamental resource I am proud to support."

Joe remembers witnessing Itty Bitty Camp, a day camp for youngsters experiencing grief, held on the HopeWest campus during one of his visits.

"I locked eyes with a little girl and I couldn't help but wonder what she was going through," said Joe. "That moment was so profound."

Joe has always been a supporter of children's charities, especially those that are local and fiscally responsible. Living by the mantra that "you are only as successful as your community," Joe has instilled the giving spirit in his team.

Every year, The Joe Reed Team researches local nonprofit organizations, choosing two charities to support. This year, the team chose HopeWest Kids with the goal of addressing mental health and contribute to an organization that has a hand in ensuring the stability of our youth.

Above all, Joe and his team hope that through financial support, including sponsorship of the



The Joe Reed Team, L-R ,Kristie Clark, Adam Hochevar, Joe Reed & Nicole Lewis

*Spoons Under the Moon* event, a fundraiser for the HopeWest Kids program, will help feed the spirit of youngsters in our community while inspiring generosity in others.

"Nothing is more rewarding," said Joe. "It's part of human nature – to care for one another."

As a program dependent on philanthropy, HopeWest Kids is able to continue serving grieving children and teens thanks to donors like The Joe Reed Team.

With the support of the HopeWest Kids program, kids find their way on the path to healing by learning how to cope with grief. Youth learn coping skills through family-center grief groups, equine therapy, school grief groups, summer camps and more. These skills help them to overcome difficulties in school, avoid destructive behavior and improve social skills.

"Children are our greatest assets," said Joe. "We believe it's our obligation to give back to our community both financially and in true 'giving spirit.' We hope that in some way our contribution is able to help give kids happy, healthier futures."



Itty Bitty Camp 2018

For more information about how you can get involved or support the HopeWest Kids program, visit HopeWestCO.org.







Teen Retreat 2017

## Spotted around Happenings across

#### **Showing Community Support**

The Delta team participated in the **83rd Annual Deltarado Days parade** in July. The team had a blast walking down Main Street handing out cold waters and interacting with the community.

*"We saw many friendly faces of families we have served through the years. It was a great time for all,"* said Jenni Neil, HopeWest Office Manager.





"546 letters. 118 eggs. 74 cups of flour. 53 cups of sugar. As a volunteer who loves to bake, I have made around 26 cakes adorned with "Happy Birthday," and it taught me a simple gesture goes a long way. The patient designs the cake and chooses the theme, but it was a Lucille Ball cake that was most memorable. From choosing the perfect candy to create Lucy's red hair and pearl necklace to the consistency of the cake, the bittersweet symbolism is not lost on me. I love the creativity of baking cakes and the joy it brings. To me, it is simply flour and sugar, but to the patient, I hope it is a gesture of love."



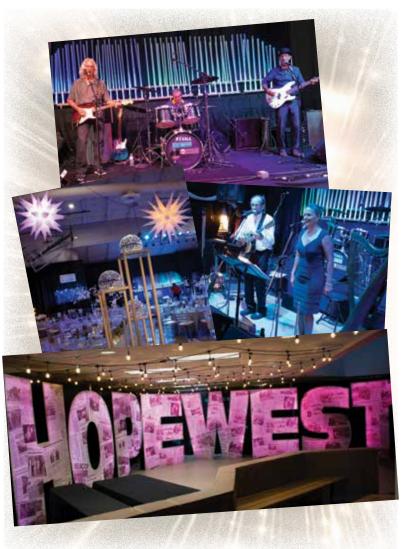


– Megan Gromke, HopeWest Volunteer

## **OUR COMMUNITIES** the Western Slope

#### Denim & Diamonds Gala in Delta a Huge Success

Thank you to our amazing donors and volunteers who helped *"Illuminate"* the Delta gala. Participants enjoyed a great dinner, dancing to the music of *Ralph Dinosaur and the Fabulous Volcanoes* while generously supporting the live and silent auctions. Proceeds from the event provide continued support for HopeWest services in Delta County.



#### Equine Therapy Group Makes a Difference

Four middle-school kids had a unique opportunity to find peace and solace in the company of horses, during the Equine Therapy group held in Meeker. After losing a loved one, children benefit from the social and responsive behavior of horses. The experience is one of emotional growth and healing in a casual and non-clinical environment.

This was made possible thanks to the generous supply of three horses, provided by HopeWest Youth Counselor, Hallie Blunt, and the space provided by the Rio Blanco County Fairgrounds.



## Visit Artful Cup located in the Historic Miller Homestead.

Coffee • Espresso • Tea • Pastries **Smoothies** • Croissant Sandwiches JAJAVAVAVAVAVATUR

The Miller Homestead

A Built 1889 %

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Monday - Friday | 6:30 a.m. - 2:00 p.m. Saturday | 7:30 a.m. - 2:00 p.m.

3090 North 12th Street, Grand Junction MillerHomesteadGJ.com

# HopeWest Volunteers

#### Welcome Angie

#### New volunteer coordinator in Montrose



Angie Cooling is not new to HopeWest but new to her role as the Volunteer Coordinator in Montrose. For the past 3½ years, Angie has been the first face you see when visiting the Montrose office because she was a team assistant dedicated to serving both the clinical and administrative staff.



She will still be based in the Montrose office but working side-by-side with our wonderful volunteers.

"I am so moved to see the grateful tears of a family receiving their memory bears or walking in our beautifully tended gardens to visit their loved one's memorial leaf," said Angie. I am humbled to get to work with our amazing volunteers who make my life and so many lives in our community brighter with their loving and generous spirits."

**TIMESHEETS** are due the 5th of every month. Every hour you dedicate to our organization counts and must be reported. Contact your local office with any questions.

**ANNUAL VOLUNTEER SATISFACTION SURVEY** – look for these to come out in October. Please take a few minutes to give us your feedback, because with your input, we can implement changes to make the volunteer experience at HopeWest even better.

#### Volunteer's Companionship With Hopewest Patient, Mutually Beneficial



Listening to Elaine and Maureen banter would make you think they have been friends for a lifetime.

Shortly after enrolling in the HopeWest Transitions program, Elaine chose not to drive any more. This sense of losing independence caused Elaine to consider utilizing the volunteer services available at HopeWest. She was introduced to Maureen, a Patient and Family Support Volunteer.

Elaine and Maureen said they instantly clicked when they first met. They describe their relationship as one that requires honest communication, listening and lots of laughter.

"I love people and the one-on-one connection is something that is very important to me," said Maureen. "When I volunteer I feel like I often receive more than I give."

*If you are interested in being a Patient and Family Support Volunteer, please call your local office.* 



3090 North 12th Street, Unit B Grand Junction, CO 81506

#### HopeWestCO.org

Profoundly changing the way our community experiences aging, serious illness and grief one family at a time.

# Join The Circle of Hope

One person's generosity has the power to inspire hope in others. The Circle of Hope is a monthly giving club that helps us be there every day for those facing serious illness and grief – join us and make a difference in the lives of friends and family.



#### Join your friends and neighbors in changing the world.

For more information or to join the Circle of Hope, visit HopeWestCO.org or call Debbie at (970) 257-2365.

Your donations may be eligible for an Enterprise Tax Zone Credit.



Thank you for partnering with HopeWest, ensuring we will be there to care for others when they need it most.

You are helping us profoundly change lives – one family at time.